



**A project with Art Asia
commissioned by Southampton City
Council as part of Mayflower 400**



Singing



With Dr. Pooja Angra

Aim of the Workshop

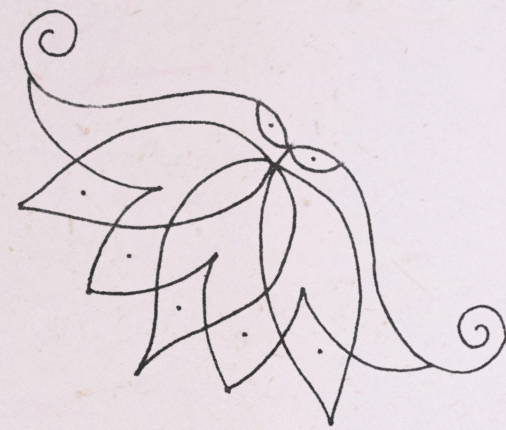
- ✿ Learn a song - Naya Raasta - Sailing Towards a New Horizon
The song has been inspired by the sounds produced by the motion of a boat
- ✿ Learn the basic elements of Indian music notes (Swaras) and rhythm (Taal)

We invite you to...

- ✿ Sing/play the song on any musical instrument from your own cultural heritage
- ✿ Improvise, add words, phrases, harmonies to the song in any language
- ✿ Record your music and send it to us (see the final page for more information)
- ✿ Watch to the Introduction film on the Art Asia website to understand more about the context of this workshop and the Mayflower story
- ✿ Take part in the other Belonging workshops



Introduction to Indian Music



Swaras (Notes)

There are seven basic Swaras called Sa Re Ga Ma Pa Dha Ni which correspond to Do Re Me Fa So La Ti

Taal (Rhythmic Beat)

Taal is made up of mastras (beats)

Popular Taals in Indian Music are

Teen Taal - 16 beat rhythm cycle

Keharwa - 8 beat rhythm cycle

Instruments

Tabla (percussion)

Sitar (string)

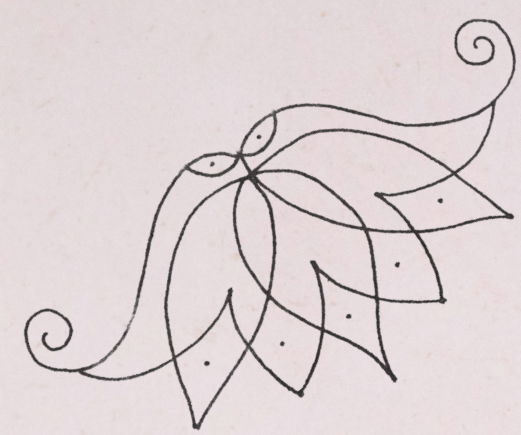
Taanpura (drone)

Harmonium (wind)

Swarmandal (string)



And watch the tutorial
video on the Art Asia
website to learn it



The lyrics and their meaning

Naya Raasta Naya Carvaan
Nayee Manzilay Sub Hai Yahaan

(Sailing towards a new horizon in search of a new life, new destinations and new belongings)

Ruth Tuth Tanana Theyray Thum
Thanana Ruth Tuth Thanana x 2

(Joyful music and rhythm)

Naya Raasta Naya Carvaan
Nayee Manzilay Sub Hai Yahaan
Rookna Nahi Kubhee Haar Kay Sung Hai Tayray Saaraaa Jahaan

(Move fearlessly, never give up, you are not on your own, the whole world is with you)

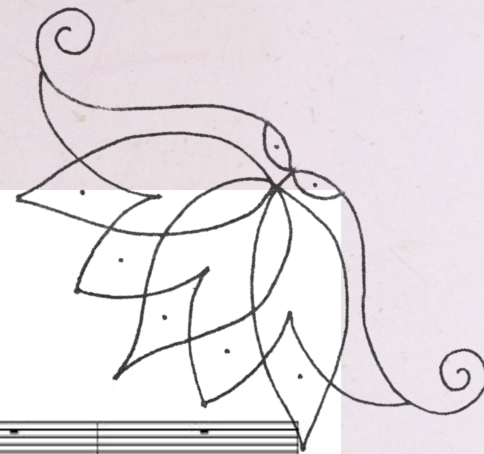
Ruth Tuth Tanana Theyray Thum
Thanana Ruth Tuth Thanana x 4

(Joyful music and rhythm)

Western Music Notation

Page One

Naya Raasta



$\text{♩} = 90$

The musical score consists of five systems of two staves each (treble and bass clef). The key signature is three sharps (F#, C#, G#) and the time signature is 4/4. The first system shows a bass line with a steady eighth-note accompaniment. The second system introduces a melody in the treble clef. The third system continues the melody with more complex rhythmic patterns. The fourth and fifth systems further develop the melodic line with various note values and rests.

Western Music Notation

Page Two



A white rectangular area containing four systems of musical notation. Each system consists of a treble clef staff and a bass clef staff. The music is written in a key signature of three sharps (F#, C#, G#) and a 3/4 time signature. The notation includes various rhythmic values such as eighth and sixteenth notes, rests, and bar lines. The first system shows a melody in the treble clef with eighth notes and rests. The second system continues the melody with some sixteenth notes. The third system features a more active treble clef melody with many sixteenth notes. The fourth system shows a similar active treble clef melody.

Once you have recorded yourself please send it to:

education@artasia.org.uk

Or you can send your audio recordings via Whatsapp:

[07484097641](https://www.whatsapp.com/text/07484097641)

Or Dropbox

www.dropbox.com/request/ekmdaqkuBfNyvb1AeZeW

Please include your name, age, email address and phone number so we can get in touch with you. Please also be sure to fill in and send a consent form, so that both we and the Mayflower 400 team at Southampton City Council can use your recordings.

You can find more workshop packs to explore the theme of belonging through art and poetry - please have a look at them on the Art Asia website and have a go at making a paper boat, a drawing, or writing a poem.

We look forward to receiving all your creative output, which will be displayed in an exhibition in Southampton. More details about this will be shared soon.

In the meantime, happy singing!



Photograph, Audio or Video Recording Consent Form

I _____ (person's full name), do hereby consent to the use of my / my child's

_____ (child's full name, if applicable) image, video, voice, or all three of them to be used by Art Asia to publicise or showcase the work done as part of the Belonging project. I understand that the recordings may be shared in the public domain on Art Asia and its partner organisations' websites, on social media and at any installations for this project.

Full Name: _____

Signature of the authoriser: _____
(parent/guardian if the child is under 18 years of age)

Date: _____

IMPORTANT: Please make sure that you use the same file name on your video and consent form upload, to make it easier for us to validate that we have received the consent form for your video.

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